

OHC CLINIC & SCHOOL™

2012 Workshop Calendar

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94 Cumberland Street, Suite 310, Toronto, ON M5R 1A3

Welcome!

The Ontario Hypnosis Centre is:

- Licenced by the City of Toronto as a Holistic Centre
- Authorized by Human Resources Development Canada as an Educational Institution for issuing income tax receipts for tuition fees
- Authorized by the Province of Ontario as an Educational Institution

All OHC courses are designed for maximum learning and include lectures, demonstrations and hands-on practice in a supportive, caring and interactive environment.

Experiential learning

is a key component of all courses and students practice relevant techniques within the first few hours of training. Based in Toronto, we are available 7-days a week for follow up questions or mentoring. Learning with us is an ongoing, rewarding process.

The Ontario Hypnosis Centre is an accredited member of the National Guild Of Hypnotists and the International Medical and Dental Association. We are certified as an educational institution by the Ministry of Human Resources Development Canada.

Our clinic and school is located on 94 Cumberland Street, Toronto, Ontario, in the heart of Yorkville. We offer a warm and welcoming environment to all clients and students. Our consulting hypnotists and instructors are highly trained, with many years experience helping clients and students achieve their goals.

Marketing and growing your practice is also a key element in our hypnosis courses. We want you to be successful practitioners! Past students recommend our courses - need we say more?

Our Mission:

To be a resource for healing and learning through the art and science of hypnosis.

To operate with integrity, purity of intent, generosity of spirit, and an open mind.

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Our Faculty



Dr. Dorina Balter

After 30 years in the field of dentistry as both a private practitioner and an educator, Dr. Balter expanded her career with advanced studies in psychology. Her passion for combining her spiritual meditative and scientific experience gives her a unique approach to her psychotherapy practice.



Georgina Cannon BCH, CI, DMsc.

A certified Life Coach and Founder of the OHC, Georgina brings the highest standards of clinic work and teaching available to the hypnosis profession. An instructor for the National Guild of Hypnotists, she is regarded as the source for information on hypnosis and regression therapy by the media.



Nadia Carulli, BA, Reiki Master

Nadia has been a Reiki Master for over 10 years and incorporates Touch Therapy TM, Reiki, Touchtherapy and Craniosacral in her treatments.



Linda Cattelan, MBA, MNLP

Holding a Masters Degree in Business Administration, Linda is a Certified Trainer and Master Practitioner in Neuro Linguistic Programming (NLP), Hypnosis and Time Empowerment Techniques™, and a Certified Professional Co-Active Coach.



Karen Day, MSW, RSW, CH

Karen is a Registered Social Worker and Certified Hypnotherapist. Karen has over 20 years of professional social work experience. She runs a full-time private practice in the Greater Toronto Area, specializing in services to persons experiencing anxiety, OCD, phobias and fears.



Dr. Sharon Forrest

Sharon is a Doctor of Homeopathic and Naturopathic Medicine, Transformational Psychology and Clinical Hypnotherapy with an extensive background in Ancient Wisdom, Spiritual Alchemy, Energy-Hands-on Healing and Nutrition.



Shawn Gallagher, BA, BCH

As a retired Midwife, Shawn excels in teaching hypnosis for childbirth, fertility and parenting. She provides private sessions as an associate at the Ontario Hypnosis Centre, bringing advanced training in emergency hypnosis and pain management, hypnosis for childbirth and fertility.

Our Faculty

Rev. Timothy Jones B.Min., M.Ht, CI, BCH

Tim is a Board Certified Hypnotherapist and certified Instructor specializing in personal wellness issues and grief management. His areas of expertise include eliminating dental anxiety, raising self-esteem, resolving impulse control disorders, effecting rapid habit change, releasing phobias, and end of life issues.



Peggy Kelly, BCH, CPHI

Peggy is the founder of The Hypnosis Connection in Bowmanville, ON. She is an award winning Certified Professional Hypnosis Instructor in 5-PATH® and 7th Path Self-Hypnosis® through The Banyan Hypnosis Center in Tustin, California.



Barb Keshen, CH, Reiki Master, EMF Pract.

Barb is a practicing hypnotherapist in Toronto who specializes in hypnosis for children with ADD and ADHD. Working with children from 4 to 12, Barb helps kids let go of unwanted habits and behaviours.



Corey McCusker, MH, MNLP

Corey is a mental performance coach, motivational speaker and author. She is certified as a master practitioner of NLP, Time Empowerment Techniques™, and hypnosis.



Carlos Rivas, CH

Carlos studied Psychology in his native Venezuela. Also, he is a Certified in Gestalt Therapist, EMDR practitioner and a Certified Hypnotherapist. As a professor and researcher he has published papers on psychology, philosophy and social sciences. He has more than 10 year of experience in private practice.



Subanan Sathiananthan, MH

Subanan has spent the last 7 years formulating a new and innovative approach to helping clients overcome emotional obstacles and limiting thoughts. He is a successful associate at OHC and the bulk of his client work is with multiple repeat sessions.



Tariq Sattaur, MH, CI, Hons.B.A.

Tariq has spent over 10 years as a student of bio-physics, psychology, sociology, comparative religions, hypnosis and metaphysical healing. An avid believer and practitioner of the power of meditation and mind focus, Tariq has worked with the Ontario Hypnosis Centre for more than five years.



OHC Programs for 2012

Please contact us for Payment Plans and Options.

Hypnosis & NLP Practitioner Certification

Program	Page	Indiv. Cost
1 NGH Hypnosis Certification	9-11	\$1750
2 NLP Practitioner Certification	11	\$1200

Program Price: \$2700 (save \$250)

Advanced Clinical Hypnosis

Program	Page	Indiv. Cost
1 Effective Intuition	24	\$225
2 Hypnosis for Trauma Release	31	\$395
3 Gestalt Therapy for Hypnotists	16	\$775

Program Price: \$1095 (save \$300)

Complex Pattern Resolution

Program	Page	Indiv. Cost
1 Mastering the Mind, Mastering the Game	15	\$375
2 Working with Anxiety Disorders (OCD)	31	\$450
3 Working with Addictive Behaviour	13	\$275

Program Price: \$940 (save \$160)

Hypnosis Certification & Holistic Reproductive Health

Program	Page	Indiv. Cost
1 The Enlightened Egg - Adv. Techniques for Fertility	32	\$450
2 Pain Management	13	\$450
3 Hypnosis for Birthing	14	\$450
4 Pediatric Hypnosis	15	\$295

Program Price: \$1390 (save \$255)

OHC Programs for 2012

Program prices apply only when registering and paying at the completion of the first workshop.

Metaphysical Hypnosis Certification - Option 1

Program	Page	Indiv. Cost
1 NGH Hypnosis Certification	9-11	\$1750
2 Past Life Regression	12	\$900
3 Life Between Lives	28	\$1000
4 Energy Releasement	29	\$1000

Program Price: \$4150 (save \$500)

Metaphysical Hypnosis Certification - Option 2

Program	Page	Indiv. Cost
1 Past Life Regression	12	\$900
2 Life Between Lives	28	\$1000
3 Energy Releasement	29	\$1000

Program Price: \$2550 (save \$350)

Metaphysical Hypnosis Practitioner

Program	Page	Indiv. Cost
1 One-day Hypnosis Training	--	\$195
2 Past Life Regression	12	\$900
3 Life Between Lives	28	\$1000
4 Energy Releasement	29	\$1000

Program Price: \$2695 (save \$400)

OHC Supervised Practicum Programs

NGH Practicum Program

Program includes:

- 3 Personal Sessions
- 3 clients – 3 Sessions each
- 1 Supervised sit-in per client
- Supervised case work for 3 clients
- 15 % discount on 5 subsequent Personal Sessions
- Tax receipt

Please contact the clinic office for fee structure or further information.

Masters Practicum Program

Program includes:

- 3 Personal Sessions
- 5 clients – 3 Sessions each
- 1 Supervised sit-in per client
- Supervised case work for 5 clients
- 15 % discount on 5 subsequent Personal Sessions
- Tax receipt

Please contact the clinic office for fee structure or further information.

General Course Information

Register and pay in full - one month in advance for a program and receive a discount.

If cancelling out of a workshop an administration fee will be charged. You may elect to receive a credit to be used within the calendar year.

NGH Hypnosis Certification

Tariq Sattaur

Start a new career – Learn to influence and help others!

One hundred hours of interactive, pragmatic, fun-filled hypnosis training which will enable you to use the powerful tool of hypnosis and practice immediately on graduation.

Tuition fee includes all taxes and materials – DVD's, 2 large workbooks, marketing kit, other inspiring printed materials, your first set of scripts, inductions and your personal pendulum. Plus you'll receive the OHC newsletter bimonthly, and ongoing mentoring.

- Government accredited as an Educational Institution (tax deductible)
- Certified by the National Guild of Hypnotists and the OHC School of Hypnotherapy
- Recommended by past students
- Exclusive introduction to the power of Ericksonian Hypnosis!
- Membership in an exclusive group of grads with regular mentoring and practice sessions.
- Free NGH membership the first year
- Discount insurance rates through the NGH

The NGH is the world's largest and most prestigious hypnosis certifying organization with members in thirty countries around the world. The NGH certifies hypnotherapists and hypnosis instructors, provides continuing education, maintains a bookstore and resource center, provides liability insurance programs and enforces a Code of Ethics and Practice.



NGH helps and protects NGH Certified professional hypnotists practicing hypnotism full or part time. The NGH holds an annual educational conference with over 250 hypnotherapy presentations and upwards of 1,600 people attending. There are also NGH sponsored legal advocates who participate in legislatures representing the Guild's members.

NGH is highly supportive, having a lending library of DVD's and audio tapes, referrals, legislative support, regular local meetings, and much more. You can also obtain liability insurance through NGH, which has a political and legislative arm, the National Federation of Hypnotists, Local 104 of the AFL-CIO.



For more information visit www.ngh.net

Your 9 day, 100 hour course is fun, interactive and supportive. You will experience:

- Extensive, supervised hands-on practice, from day one!
- An overview of the field of hypnosis- including medical and therapeutic use: client suggestibility, classification of subjects, influence and dangers
- History of hypnosis
- The rationale for hypnosis
- Hypnotherapy and clients: behavioral assessment, psychology and hypnosis, habits, phobias, glove anesthesia, hypnosis for stress, smoking, weight loss, rapport building, rapid inductions, and safe place imagery
- The different depth stages of hypnosis and when to use each one
- Demonstrations and discussion on different induction techniques, ten basic induction scripts-how and when to use the different induction techniques
- Self-hypnosis methods
- Ethics for professionals
- Business and marketing strategies-building a successful practice
- Liability and legal issues
- Handouts and materials

Who should take this course?

- If you are someone who needs a positive change in your life
- Health care practitioners and alternative and complementary care practitioners: nurses, doctors, dentists, psychiatrists, psychologists, social workers, counselors, massage therapists, acupuncturists, therapeutic touch practitioners, energy healers, adult care givers, non-profit organizations care givers and administrators, etc.
- University or college students who want to increase their focus ability
- Teachers who want to add on to their teaching and counselling skills
- This training is for you if you are a practitioner who wants to expand and offer more comprehensive services.
- If you want to inspire and help people – this course is for you!
- If you want a part time career, or another career to ease into when you retire.
- Entertainers, Producers, Actors, Artists, who want to feel more in control of their life. Stage Hypnotists and Magicians/entertainers who want to know more about the therapeutic side of the business and improve their careers and utilize the magic of self-hypnosis.

Workshop Dates:

- February 3-5, 10-12, 17-19, 2012
- September 14-16, 21-23, 28-30, 2012
- November 30, December 1-2, 7-9, 14-16, 2012

Fee: \$1,750.00

***Guarantee: If at lunchtime on the first day of the course you find that the course is not meeting your needs, full refund will be given minus \$100 handling charges.*

NGH Certification Evening/Weekend Course

NGH Certification now also available as either an evening or weekend course.

2012 Evening Dates:

May 8, 10, 15, 17, 22, 24, 29, 31, Jun 5, 7, 12,
14, 19, 21, 26, 28

2012 Weekend Dates:

May 5-6, 12-13, 19-20, 26-27

NLP Basic Practitioner

Subanan Sathianathan

This is a power packed, intensive, experiential training course, taught with fun and focus. Subanan believes in teaching the structure and techniques of NLP without the unnecessary jargon. You will learn by using NLP so that you master these powerful techniques and be able to use them immediately upon return to your practice.

You will learn:

- Subconscious rapport skills and how to get into another's mind
- How to see and hear expertly and ask the right questions for change
- How to change internal states and access personal strengths
- How to make rapid, lasting changes
- Anchoring - the heart of NLP
- Representation systems and strategies
- Predicates - the language of the mind
- The Meta Model
- Outcome elicitation
- Fast phobia techniques and how to mend a broken heart
- New Behavior Generator - including the Swish Pattern
- Godiva Chocolate Pattern
- Eye accessing cues
- Timeline
- Re-parenting - Advanced Inner Child Work
- Visual Squash - Stop Addictions - #1 for Addictions & Compulsions

Workshop Dates:

- February 25-26, March 3-4, 2012
- April 14-15, 21-22, 2012
- July 7-8, 14-15, 2012

Fee: \$1200.00

Past Life Regression

Tariq Sattaur

This workshop is based on the work of Edgar Cayce, Winifred Lucas and William Baldwin, plus the over ten years of experience of experiencing and facilitating past life regression sessions in clinics and classes.

The CBC special Past Life Investigation was filmed in the OHC Clinic with Georgina and is currently being shown around the world and featured on Oprah. Georgina has also appeared in other TV shows for Vision TV and Space TV as the expert on Past Life Regression Journeys.

Because clients frequently “slip into” past or former lives when regressing to the initial sensitizing event, the professional hypnotherapist needs to understand how to work in this field in an effective, healing and ethical way.

A spiritual and profound three days that will make a difference to your life and to your business! This is a soul journey process which includes permission, protection, forgiveness, healing and wisdom. We also cover life between lives and the journey and decisions made before birth, karma and choice.

There will be a take-home examination, and upon passing you will receive both a certificate for framing plus the Code of Ethics which you will sign and frame, demonstrating to clients that you have been professionally and ethically trained in the art and skill of past life journeying.

Prerequisite:

- NGH certification or equivalent

Recommended Reading:

- Return – Past Life Regression and You by Georgina Cannon
- Many Lives Many Masters by Brian Weiss

Required:

- Bring a recording device and external lapel microphone - ie. voice recorder with separate clip-on lapel microphone

Workshop Dates:

- March 9-11, 2012
- August 10-12, 2012
- October 12-14, 2012

Fee: \$900.00

Pain Management

Shawn Gallagher

If you are interested in medical referrals this 1 ½ day course is for you! In this experiential workshop you will learn the how and why of pain, and techniques which eliminate or manage pain.

As a wonderful side benefit, many previous workshop participants have released their own pain during the practice sessions in the classroom and now use the techniques to expand their client base and circle of business.

Workshop Dates:

- February 11-12, 2012
- March 20-21, 2012
- October 3, 10, 17, 24, November 7, 2012 (evenings 6:30-9:30pm)

Fee: \$450.00

Working with Addictive Behaviour

Subanan Sathiananthan

Being an addictions specialist is not for everyone. Overcoming an addiction requires strength and commitment from all involved. The transformative process of breaking through an addiction can be painful and demoralizing for those ill-equipped for such an arduous journey.

If you are compelled to really serve your clients and help people that are most in need of your skills then understanding how to overcome addictive behaviours is for you.

You will learn:

- The 4 D's of overcoming any addiction
- The truth behind an addict's motives
- Who you are treating in a session with an addict
- An addict's go-to defence mechanisms
- What you need to give to an addict if you don't want them to fail
- How to set the tone for an addict to be open to change
- 3 key things that need to be discussed in a 1st session with an addict
- What states need to be reinforced to increase your success
- Where to take an addict so that they feel safe
- How to hold an addict accountable for their behaviours
- What emotions are strongest in an addict and how to process them
- Misleading myths and misconceptions around addictions
- How to create replacement behaviours that stick

Workshop Date:

- March 19, 2012

Fee: \$275.00

Hypnosis for Birthing

Shawn Gallagher

This course is a heart warming and rewarding field of practice. This course includes a primer on the whole birthing process, turning a breech baby in-utero with hypnosis, how to connect the mother and father directly to the child, and natural childbirth techniques. Help your expecting clients reduce fear and anxiety and achieve a birth of peace and calm. Extensive workbook and scripts included.

"Shawn has a beautiful energy, combined with her knowledge and teaching skills. A very enjoyable course"

-K.G., Caledon, ON

Workshop Dates:

- January 11, 18, 25, February 1, 8, 2012 (evenings 6:30-9:30pm)
- May 5-6, 2012

Fee: \$450.00

Hypnodontics

Rev. Tim Jones

Learn how to use the power of hypnosis to help your clients deal with issues around dental work. Topics covered include:

- How to identify the differences between dental anxiety, fear, and phobia and how to measure them
- The social impact of dental anxiety on daily life along with the physical effects of poor dental care on overall health, and how hypnosis can immeasurably improve both conditions.
- The inherent precautions of pain removal while also enhancing and accelerating the client's natural self-healing abilities.
- Time-tested techniques for incorporating creative visualization for maximum results while reinforcing those teaching the client increased self-confidence using self-hypnosis.
- How to facilitate hypnotherapeutic techniques to overcome gagging, to restrict or increase bleeding and salivary flow, and how to guide clients to eliminate teeth grinding (bruxism).
- Tips and traps of composing and delivering a 30-second "elevator" speech and how to approach the dental practitioner
- How to determine the most effective ways to advertise your professional services and how to generate large numbers of referrals from the clients you treat.
- The secret to leapfrogging your specialty hypnodontic services into a busy, full service practice.

Workshop Date:

- May 19-20, 2012

Fee: \$395.00

14 Visit us online at www.ontariohypnosiscentre.com

Pediatric Hypnosis

Barb Keshen

Expand your practice by learning Pediatric Hypnosis. Working with children is fun, creative and offers a wide array of presenting issues.

Some of the topics included in the course are:

- Eliminating Enuresis (bedwetting)
- Improved Learning Skills
- Releasing Habit Patterns (e.g. thumbsucking & nail biting)
- Handling Performance Anxiety
- Managing Stress
- Building Self-Confidence

ADD? ADHD? Indigo Child? Barb has worked with them all very successfully. Barb has extensive experience as a Pediatric Hypnotist and the course offers a very practical approach which includes a comprehensive manual with scripts."

If you have the opportunity to work with children, this course is a must!

Workshop Dates:

- January 29, 2012
- August 26, 2012

Fee: \$295.00

Mastering the Mind, Mastering the Game

Corey McCusker

Sports and Athletic Performance is an area in which Hypnosis can have an immediate and positive impact. It is a tangible area where results can be measured and quantified. Working with athletes at any level can give you credibility in other areas of your practice.

This course provides the Certified Hypnotist with the skills and techniques to become expert in the delivery of Hypnosis for enhancing sport performance, for practicing interventions for the most common performance issues not only in sport, but also in any endeavor needing peak performance.

This course integrates principles from cognitive, behavioral, motivational, social, positive, and sport psychology in its learner-centered curriculum. Five core mental skills and interventions for performance anxiety, slumps, tanking, and pain management will be taught.

Workshop Dates:

- April 14-15, 2012
- July 28-29, 2012

Fee: \$375.00

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Gestalt Therapy for Hypnotists

Carlos Rivas

Gestalt therapy is a model about how the human mind changes. It's one of the most useful resources you'll have for understanding your clients and helping you to design programs to efficiently resolve problems or to assist with personal growth.

This workshop provides you with a comprehensive overview of Gestalt Therapy - origins, expansion, and current traditions in North America – as well as an in-depth approach to its concept.

- Gestalt Therapy models of the human condition and mental health
- The cycle of experience according to Gestalt Therapy
- Holism and paradoxical change
- How to apply Gestalt Therapy concepts in your practice as a hypnotist

Note: This course is designed to facilitate your growth as a clinical hypnotist and you will be able to apply concepts from this model. It is NOT a certification in Gestalt Therapy and you cannot label yourself as a Gestalt Therapist.

Workshop Dates:

- May 26-27, June 2-3, 2012
- November 17-18, 24-25, 2012

Fee: \$775.00

Building Rapport

Linda Cattelan

In this workshop you will learn rapport building techniques to help you achieve better communication and success in your career, relationships and in your life! Understand how others think and become a master at communication and building rapport.

Why learn about building rapport?

- Rapport is established in the first 90 seconds
- Rapport is key to building strong relationships
- Rapport enhances the communication experience
- Better Rapport = Better Communication = Better Results

You will learn to:

- Identify communication preferences in yourself and in others
- Understand and direct human communication and behavior
- Instantly create and maintain rapport with others
- Increase your personal magnetism and charisma
- Utilize language to create positive behavior in yourself and others

Workshop Date:

- April 21, 2012

Fee: \$195.00

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The Essential Intake

Georgina Cannon

The Essential Intake workshop will teach you how to uncover the real issue(s) to assist the client in getting to the "it". One of the most profound gifts we can give another human being is to listen to them without judgement. It is also one of the most difficult skills to learn.

Although this intake program is written primarily for hypnotherapists at all levels of training, it is also useful for other therapists and health practitioners who desire more clarity around the issues their client or patient bring to their clinic.

Workshop Dates:

- January 21, 2012
- November 24, 2012

Fee: \$300.00

Plant a Goal using Timeline

Linda Cattelan

It is said that when you don't have a clear vision of what you want, any road will get you there. In this workshop you will create a SMART goal, we'll discuss how to sharpen the focus to ensure goal achievement and then we'll plant the goal into your future using powerful timeline techniques.

There are 3 keys to achieving goals. Learn what they are and then see yourself successfully achieving your goal.

Topics covered:

- Learn the 3 keys to achieving goals
- Understand why this topic is important
- Learn what is a timeline
- Learn about SMART goals and how to create them
- Learn how to make a powerful internal representation
- Practice working with sub-modalities
- Learn how to travel the timeline and how to elicit traveling the timeline with others
- Experience first hand traveling the timeline to plant a goal
- Experience and practice eliciting the timeline with others to plant goals
- Take away scripts to assist you with planting goals in others

Workshop Date:

- January 28, 2012 (1/2 day - 9:30am – 11:30am)

Fee: \$99.00

Running Successful Workshops

Georgina Cannon

For anyone wishing to share their knowledge and expertise to add revenue and have fun!

The information you gain in this course work within any career or social situation where you are arranging a gathering. Step by step you learn what to do, and equally importantly, what not to do to create successful workshops.

- How to formulate a plan for ongoing workshops
- How to market and bring in participants
- Typical group formations and how to facilitate them
- Working with and without presentation aids
- How to 'hold the floor' as a workshop presenter
- How to formulate your workshop for maximum learning
- Tips and tricks to keep your students engaged & how to 'bring 'em' back for more

Workshop Date:

- TBD

Fee: \$300.00

Psychoneuroimmunology (PNI)

Dr. Dorina Balter

Psychoneuroimmunology (PNI) is the study of the connection between the mind and body, and the consequent impact on health.

PNI therapy is an important technique which is increasingly being used in the Psychotherapy and the treatment of cancer and other chronic health conditions, including multiple sclerosis, fibromyalgia, asthma, skin conditions and fertility problems.

At the end of this weekend, you will go away with a recognised skill, enabling you to use this technique with your clients.

You will learn:

- The mind/body connection,
- The physiological effects of stress and depression,
- The impact of positive thinking versus negative thinking,
- Palliative care and bereavement,
- Practical tips about rapport building and relationships,
- Boundaries and caring for yourself as a therapist,

Workshop Date:

- October 12-13, 2012

Fee: \$600.00

All Language is Hypnosis

Alexander Serra

In the All Language is Hypnosis workshop you will learn in depth the 'Milton Model' and how to use it in any situation or conversation.

Here you will learn how to induce trance, imbed commands, input hypnotic suggestions, recognize trance states, and use language to affect behaviors on a whole new level.

In this weekend workshop you will learn how to read someone's language to decipher deeper meaning, more effective writing techniques, improved internal language, persuasion language patterns, negative language commands, imbedded language commands, presuppositions, and much more.

Workshop Dates:

- February 18-19, 2012
- September 29-30, 2012

Fee: \$550.00

Reiki

Nadia Carulli

First Degree- Level 1 Reiki

Reiki 1 is the beginning level of Reiki and has an emphasis on healing in the physical realm. During the class we will define Reiki and learn the life principles and history. We will learn how to use the Reiki hand positions for treatments on the front and back of the body. We will discuss the ethics, responsibility, and limitations related to treatments. You will also learn a method of self-treatment.

Second Degree-Level 2 Reiki

You will be attuned to the energy and symbols of Reiki 2 and we will practice using the three Reiki symbols. We will send healing energy into the past and future and work on the intentions others, at a distance, have given us. Among other topics, we will learn how Reiki can address emotional healing. As before there will be written material covering the course content for you to take home.

Reiki 3 Master Practitioner Level

At this level we will focus on the spiritual aspect of Reiki and connecting with the consciousness of a higher level. As a Reiki Master you will be more aware and reaching for your higher self. The life principles will be integrating into your daily life. You will be becoming more at one with yourself and the universe.

We will also cover some of the techniques learned in the last few years from Usui Reiki Ryoho. Many of these breathing, cleansing and connecting techniques, used regularly, will help strengthen the connection to the energy of Reiki Level 3.

Workshop Dates:

- Level 1 - February 21-22, 2012 (evenings 6:30-9:30pm)
- Level 2 - April 17-18, 2012 (evenings 6:30-9:30pm)
- Level 3 - TBD in early Summer

Fee: \$285.00 per level

Effective Intuition

Carlos Rivas

Have you found sometimes that you have a very strong sense of what's going on with your client without knowing how you learnt it? We call this type of knowledge intuition!

It is a skill you can learn and develop if you master its constitutive elements. Based on linguistic psychology Carlos Rivas has developed a program to help you enhance your capacity/ability to perceive and recognize meaningful signs in clinical settings. You can also apply these techniques to your personal life.

You will learn:

- What is intuition?
- How you can develop your intuition through a specific series of steps
- How to structure your own learning process to enhance your intuition after the workshop

Workshop Dates:

- May 12, 2012
- November 3, 2012

Fee: \$225.00

Sacred Geometry

Alexander Serra

Come and discover how this mystical art form can help you reduce stress, balance your mind, increase focus and much, much more.

Sacred geometry was studied by the priests and shamans of every ancient civilization across the globe. It has been taught to masons and other secret orders in the mystery schools for thousands of years.

These geometric patterns are seen everywhere in nature, from our cells to the solar system. Sacred Geometry has been referred to as the 'Architecture of the Universe' and 'The Fingerprint of God'.

Additional Benefits:

- Increase your mental focus
- Balance your brain
- Achieve many positive effects similar to meditation
- Discover an ancient knowledge used all across the globe
- Create your own Sacred Geometry design to take home

Workshop Date:

- August 18-19, 2012

Fee: \$400.00

Egyptian Numerology

Dr. Sharon Forest

During this workshop, an attendee will randomly be chosen to work on an unresolved issue that has defied treatment to demonstrate the use of Egyptian Numerology in uncovering the underlying cause. Attendees will learn to facilitate a Journey of Self Discovery to uncover and reverse the underlying cause of a personal issue of their choice.

You will receive:

- Detailed descriptions of the Egyptian Numbers and how to use them
- Color Charts
- Light Interactive Hypnosis scripts

Workshop Date:

- March 23-25 (2 ½ days)

Fee: \$350.00

C.C.M.B.A. & C.C.S.M.C. Complete Cellular Mind Body Alignment & Complete Cellular Soul Memory Clearing.

Electro-magnetic Phenomena. You have to see it to Believe it. See Miracles happen! Perhaps even experience one.

- 2 Hr. Evening Class - March 22
- Fee: \$60

Skills & Techniques Recap (NGH & NLP)

Georgina Cannon

Remember when you took your courses you were so fired up with the new hypnosis and NLP skills you learned? Slowly over time, you realise that you're only using a small percentage of what you learned. Now is the opportunity for you to re-learn and practice the power of some techniques that have slipped your professional mind! Come and re-run of some key client techniques that will help your confidence and increase your success levels.

Some of the skills we'll be practicing and re-learning together are:

- Getting to the "it"
- Different ways of getting to the client's initial sensitizing event
- Fear and Phobia release - the hypnosis and the NLP methods
- Bring your question with you and we'll answer it!

Prerequisite:

- Certification in Hypnosis and Neuro Linguistic Programming (NLP)

Workshop Dates:

- January 22, 2012
- November 25, 2012

Fee: \$300.00

Master Hypnosis Certification

Tariq Sattaur

This workshop is for qualified practicing hypnotherapists who wish turbo-charge their treatment with powerful, practical, life-changing techniques that enable clients to make changes quickly and permanently. Many students also find this course life changing for themselves.

Full days of didactic, interactive learning, based on effective, efficient clinical protocols. The Masters course is an advanced and intensive workshop packed with knowledge, techniques and practice that teaches you:

- Age Regression
- How to teach your client to leave the past behind using: Affect Bridge, Somatic Bridge, and Linguistic Bridging
- Parts Therapy and how to apply this powerful technique
- Alternative ways of reaching the subconscious mind to affect and record profound change
- How to work with negative patterns from a metaphysical perspective
- and much, much more



Required:

- Take home exam
- Three case studies to be submitted with exam after course completion

Workshop Dates:

- June 9-10, 16-17, 2012
- November 3-4, 10-11, 2012

Fee: \$1,200.00

NLP Masters Certification

Wil Horton, Subanan Sathianathan

This workshop will teach you about NLP and Energy! Use NLP and hypnosis to sharpen your intuitive/psychic abilities! Extensive workbook included.

You will learn:

- Mind Mapping
- How to read people
- Advanced sub-modality distinctions
- Waking hypnotic patterns
- How to use metaphors for deep trance
- Linguistic installation patterns
- Love strategies
- Time distortion patterns
- Advanced modelling skills for success
- How to master subconscious communication

"I gave up a candy habit that I have had for years using just one of the powerful techniques Dr. Horton teaches. I also was able to help someone overcome a fear of heights while standing in line at the Eifel Tower. This stuff is amazing."

-Dan LaRosa, world famous stage hypnotist
Middletown, CT

"This work is the most cutting edge technology available today, and taught in an easily understood, fun and rapid manner... Everyone in the personal growth, human change work field should have this information NOW! It is a steal; he should, and could, charge thousands more!"

-Kevin Hogan
Author of Psychology of Persuasion

Prerequisite:

- NLP Practitioner certification

Workshop Dates:

- July 21-22, 28-29, 2012
- October 20-21, 27-28, 2012

Fee: \$1,000.00

**NLP Practitioner and NLP Masters - register for both and receive 15% discount. You pay only \$1,870.00*

Life Between Lives

Tariq Sattaur

This interactive, practice filled, workshop is based on the work of Dolores Cannon, Roger Woolger and Michael Newton plus additional learnings designed to make the outcomes more powerful and relevant for the current life.

This workshop will demonstrate and teach you how to access soul memories through a trance-induced “superconscious” state of awareness that brings a deep sense of love, compassion and an understanding of our life purpose.

Because we believe the best way to learn to experience the process yourself, during the training and practice, you will personally experience an enhanced understanding of why you chose to come into your current life, why you have had to face specific challenges during this lifetime, and what other soul needs are being met and fulfilled in this current lifetime. You will meet your Council of Elders and visit your Place of Life Choice.

At the close of this course you will have a deeper commitment to live your “soul’s contract” or life’s purpose. Once you pass your exam and graduate, you will be able to bring this profound work into your practice and your community.

There will be a take home examination, and upon passing the exam you will receive a beautiful certificate suitable for framing demonstrating to clients that you have been professionally and ethically trained in the art and skill of facilitating Life Between Lives journeys.

Prerequisite:

- Past Life Regression Certification

Recommended Reading:

- [Discovering the Interlife](#) by Georgina Cannon
- [Journey of Souls](#) by Dr. Michael Newton

Required:

- Bring a recording device and a microphone
- Three case studies to be submitted after course completion

Workshop Dates:

- March 16-18, 2012
- October 19-21, 2012

Fee: \$1,000.00

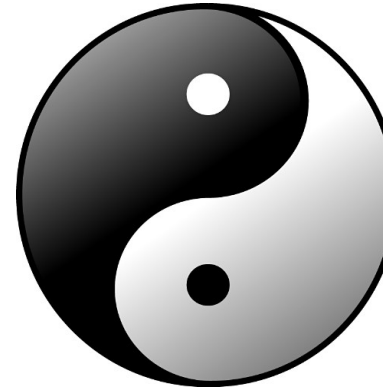
Energy Releasement

Tariq Sattaur

Sometimes your client will carry an energy that isn’t theirs. These energies can be debilitating to the client, even if they are comparatively benign.

In the same way that, on a physical level, we can be invaded and infected by bacteria and viruses, on an energetic level we can be invaded and influenced by nonphysical, intelligent beings. Such beings are typically people who have died and who, for whatever reason, have not moved into the light to continue their soul’s evolution. Instead they grasp onto a physically embodied being and try to

live through them. Such attachments occur in varying degrees, from unpleasant recurring negative thoughts to outright compulsions and addictions that the person mistakes for their own.



In the Releasement process we teach you, we talk to these “lost souls” the same way we do attachments, if necessary, we turn their darkness into light, and release them to go to their proper place in the Light, once we have their agreement.. We remind them in all cases, we come from light, and in the very deepest part of them, there is light – even though they may fear it.

In cases of earthbound spirit attachment, the entity is simply made aware of its situation and lovingly guided into the Light, usually into the care of a loved one or archangels who come to help in the transition. In this course, you will learn to work both directly with the client and remotely.

Prerequisite:

- Past Life Regression Certification

Recommended Reading:

- [Discovering the Interlife](#) by Georgina Cannon
- [The Unquiet Dead](#) by Edith Fiore
- [Entities Among Us](#) by Catherine Bowman

Workshop Dates:

- March 30-31, April 1, 2012
- October 26-28, 2012

Fee: \$1,000.00

Time Empowerment Techniques™ Certification

Linda Cattelan

Time Empowerment Techniques™ are timeline techniques, considered one of the most effective methods for releasing negative emotions, limiting beliefs and creating quick lasting change.

It works on the principle that memories are arranged along a time line and by changing a memory along this time line you can release the hold of these memories. These techniques are fast and effective for changing the chain of events leading to a set of unwanted behaviors.

Objectives:

- Learn to elicit the Time Line in yourself and in others
- Learn to discover root cause or the first event of a negative emotion or limiting decision
- Learn to release negative emotions including: anger, sadness, fear, guilt
- Learn to remove limiting beliefs and limiting decisions
- Learn to change the direction/location of the Time Line
- Learn to release anxiety and phobias
- Learn to develop SMART goals
- Learn to enhance the internal representation of successfully completing your goal
- Learn to install goals into the future

Topics Covered:

- Understand why this topic is important
- Learn what is a timeline
- Learn about SMART goals and how to create them
- Understand the 3 keys to successful goal achievement
- Learn how to make a powerful internal representation using (VAKOG) sub- modalities
- Practice working with sub-modalities
- Learn how to travel the timeline and how to elicit traveling the timeline with others
- Experience first hand traveling the timeline to release negative emotions and limiting beliefs or to plant goals into your future
- Experience and practice eliciting the timeline with others to release negative emotions and limiting beliefs or to plant goals into their future
- Utilize time line techniques to release anxiety and phobias
- Take away scripts you can use immediately in your hypnosis practice
- Certification in Time Empowerment Techniques™ upon successful completion of this 2 day workshop

Prerequisite:

- Certification in either Hypnosis or Neuro Linguistic Programming (NLP)

Workshop Date:

- April 28-29, 2012

Fee: \$575.00

30 Visit us online at www.ontariohypnosiscentre.com

Hypnosis for Trauma Release

Carlos Rivas

Changes are part of human life. While some are good for us, some of them are painful – small ‘t’ traumas and others are overwhelming – bit ‘T’ Traumas.

Research has shown those who have experienced traumas don’t respond well to talk therapy and require very specific interventions. Quite often talking about trauma with clients can cause them to be re-traumatized, and even lead to facilitators developing vicarious trauma.

This workshop provides you with a rational understanding of how a trauma is developed, and why it remains the same over time. Learn some powerful techniques that will help in your work with clients struggling with traumatic experiences.

You will learn:

- How memory works and how a trauma is developed
- How to identify traumatic experiences
- How to graduate any approach to traumatic experiences
- How to take care of yourself in assisting clients struggling with traumas

Workshop Date:

- June 23-24, 2012

Fee: \$395.00

Working with Anxiety Disorders (OCD)

Karen Day

Learn the techniques developed by Karen Day combining mindfulness-based work with hypnosis, to assist clients with obsessive, compulsive and ritualistic behaviours.

Obsessive Compulsive Disorder (OCD) is an anxiety disorder characterized by the presence of persistent, repetitive and intrusive thoughts (obsessions), leading people to engage in bizarre behaviours (compulsions) to avert an imagined negative outcome or catastrophe.

Recent studies in neuroplasticity are changing the way we understand the workings of the brain, and giving new credence to the incredible healing potential of the mind (something we hypnotists have known about for a very long time!).

Workshop Dates:

- April 28-29, 2012
- September 15-16, 2012

Fee: \$450.00

Visit us online at www.ontariohypnosiscentre.com 31

The Enlightened Egg - Adv. Techniques for Fertility

Shawn Gallagher

Encouraging fertility the natural way...

Quantum physics tells us that our perception can change physical matter. It also teaches that change happens regardless of time or space. Unresolved energies existing in present time can subconsciously affect our lives in seemingly inexplicable ways.

Due to the deeply transformative nature of this material, course participants will be practicing and experiencing the key foundational pieces taught in The Enlightened Egg: Quantum Hypnosis.

You will learn specific techniques and scripts that transform conflicting energies from key life periods: conception, critical points in pregnancy, the birth and the early years after the birth.

You will learn:

- Powerful energy medicine techniques incorporated into hypnosis scripts
- Life changing metaphysical energy tools within the structure of hypnosis
- Easy and safe regression to the point of conception
- What to look for in regression; what to avoid; client safety
- Critical developmental points in pregnancy to address for effective clearing of physical and emotional patterns
- The imprint of birth – identifying and changing limiting core beliefs
- The early days (i.e. food choices in the past affecting food and self-nurturing patterns today)
- DNA recoding and transformation
- Simple, yet powerful, scripts for releasing old energies and opening to receive transformative energy

Required:

- NGH Certification or equivalent
- This course is ideal for HypnoFertility™ practitioners and anyone working with clients with fertility / birthing issues
- Information about essential reading material will be provided to the participants in advance of the course

Workshop Date:

- June 16-17, 2012

Fee: \$450.00

Train the Trainer

Georgina Cannon

Become the expert in your market! Be taught to teach the 100 hour National Guild of Hypnotist's certification class. By the end of this five-day course you will fully understand the NGH course core curriculum so that you can teach and inspire.

You will learn how to plan for your class – including room set up, timing, how to 'work the room', your personal presentation and much more. You will learn to run the group so that everyone feels successful, including you!

- Learn some 'ice breakers' for the new class
- Learn how to deal with 'characters' in a group
- Learn how to run a group efficiently, effectively and responsibly
- Learn how to coach and mentor your students
- Learn how to weather the hills and valleys of group facilitation, energy, performance and results.
- Learn how to market your courses
- Run a class immediately upon graduation

Set your own schedule, teaching in your own time but keeping to the 100 hour syllabus. You'll join an elite group of CI's who have their own meetings at the convention, CI-Only Forum and a CI-Only Resource Centre on the NGH website.

**To Register contact the National Guild of Hypnotists:
www.ngh.net • ngh@ngh.net**

"This course gave me everything that I needed to become a hypnosis instructor: the confidence, someone great to model and to learn from, and of course the material. This course definitely exceeded my expectation. I learned so much about myself, about others, about delivering and speaking effectively. I would definitely recommend it to anyone who is thinking about becoming a hypnosis instructor."

-Tarek Bibi, Toronto, ON

Prerequisite:

- Member in good standing with the NGH
- One year or more of full time hypnosis practice
- Interview with Georgina Cannon

Workshop Dates:

- May 22-26, 2012
- December 4-8, 2012

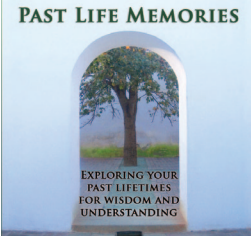
Fee: \$1,995.00 USD


**To be paid directly to the NGH.*

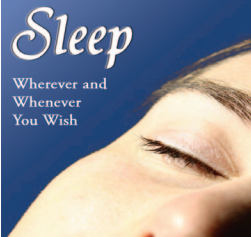



Hypnosis Media


Our Top 5 Best Selling Self-Hypnosis CDs:

1  **Past Life Memories**
Take a journey of the soul regress, and discover memories you only thought you had forgotten. Truly, this could be a journey that could change your life by bringing the wisdom and understandings of other lifetimes into your current life.

2  **Stop Smoking!**
Become smoke-free - for life! With this program, you can choose to let go of smoking slowly, over two or three weeks, or almost instantly. Right now, and forever! You've taken the first step by considering this smoking cessation program.

3  **Sleep**
Wherever and Whenever You Wish
This gentle, empowering process will help you learn to ease into sleep wherever and whenever you wish, awakening refreshed and ready for the day ahead. You will notice the difference almost right away.

4  **Enlighten Up**
Reduce weight thoughtfully, powerfully...finally.
Let go of excess weight and inches with this thoughtful, powerful program. Safe, relaxing, respectful and empowering. You'll find yourself eating less, exercising more, and enjoying your new slim self!

5  **Creating Abundance**
Learn to take your power back and create success, joy, and love in your life.
Create the life that you want to live - and the life you deserve to live! When you use this self-hypnosis program, you will learn to create a future that at one time you could only dream about.

Testimonials

"Georgina conveys this information with passion and respect. Her practical knowledge is vast. The course was very interesting."

-Dr. Jayne Hanna, Psychologist, Toronto, ON

"Excellent course with many hands-on opportunities to practice techniques learned in a guided and safe environment."

-Roger Newbury, Litchfield, CT USA

"Life transforming. I came hoping to start a part time business, which I will, but look forward to helping others, which is priceless."

-Susan Stayzer, Customer Service Coordinator, Fenwick, ON

"I had a lot of eye opening experiences and can't wait to deepen my own knowledge on this subject and spread the love and compassion I've been taught."

-Cindy McCabe, Lindsay, ON

"This class provided a life changing experience for me. Georgina is a wonderful instructor! I will be eternally grateful for the wisdom that I received during this class."

Cheryl Clark, Leland, N.C. USA

"I already have a certification as a sports hypnotist. This course exceeded the professional level both in format (presentation, demos) and in content."

-Henry Toran, North York, ON

"This was a wonderful experience that enriched my life. I believe that this work is something everyone can benefit from. Many thanks for sharing!"

-Benjamin S., Toronto, ON

"Class size was perfect, not too crowded. Very respectful group. Georgina is an excellent facilitator with a wealth of knowledge in business and in hypnosis."

-Ava Orr, Registered Nurse, Oakville, ON

"This course showed me that hypnosis is not an 'airy-fairy' kind of work, but a practical tool that can help folks manage their lives in easier and less stressful ways."

-Lianne Sherriff, BScN., NCCP., Newmarket, ON

"This course was everything and more than what I expected. Every hypnotist needs to experience an Interlife session! Thank you Georgina. "

-Lee Pascoe, England

Our Mission:

To be a resource for healing
and learning through the art
and science of hypnosis.

To operate with integrity,
purity of intent, generosity of spirit,
and an open mind.

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